

Planning annuel 2018-2019

du 03/09/18 au 30/06/19

lundi

mardi

mercredi

jeudi

vendredi

samedi

dimanche

09h30 (45')
aquabalance

10h30 (30')
aquabiking

10h00 (45')
aquabalance

09h30 (45')
aquabalance

10h30 (30')
aquabiking

10h00 (90')
bb nageur

10h00 (45')
aquapilate

12h30 (30')
aquabiking

12h30 (45')
bodypalm

12h30 (45')
aquafit

12h30 (30')
aquabiking

12h30 (45')
aquaforme

18h30 (45')
aquafit

18h30 (30')
aquabiking

18h15 (45')
aquaforme

18h45 (45')
aquafit

19h30 (30')
aquabiking

20h15 (45')
aquafusion

19h15 (30')
aquabiking

20h00 (45')
aquarytmo

19h15 (45')
aquafusion

19h00 (30')
aquabiking

19h45 (45')
bodypalm

19h45 (30')
aquabiking



intensités

COOL TONIC BOOST XTREM

activités Premium sur réservation